

Overview

Nepal may have abundant prime trek routes but none of them even close to what Annapurna Base Camp is. The only quintessential campsite, Annapurna is an iconic mountain that has everyone gawking all day.

It is nature's grandest and most stunning creation that leaves every human lost for words. From the elevated mountains to glistening glacial lakes and historic monasteries, there is so much to experience here.

Come out of the natural world and you have traditional mountain villages inhabited by multicultural people to explore. You might also want to give a lookout to the customs and tradition practiced by these locals and indigenous group.

The base camp itself is an oval-shaped highland located almost 40 km north from Pokhara. The only way into the campsite walks through a narrow valley placed between Machhapuchhre and Hiunchuli.

Annapurna Base Camp through Poon Hill trekking is one of the most exhilarating hiking trips. Its trail will take you deep through the valley and Himalayan forest covered with different species of flowers.

The wonderful **Annapurna Base Camp via Poon Hill Trekking** initiates from Kathmandu. As rules go by, you take a flight to Pokhara the very next day and drive to Nayapul.

Roughly after two days, your trek to ABC officially starts with a short hike to Tirkhe Dhunga. Before reaching the destination, you'll meet many remote villages including Chhomrong, Bamboo and Deurali.

After the trail approaches the base camp, you begin climbing down the hill to Bamboo again. Three days again to travel on a rugged path through Jhinu Danda and Nayapul before you reach Pokhara.

There's just about no stress from Pokhara as you have a direct flight from the city to arrive at Kathmandu Valley.

Highlights of Annapurna Base Camp via Poon Hill Trekking

- Panoramic view of sky-high mountains like Annapurna, Machhapuchhre, and Dhaulagiri
- Natural hot spring bath at Jhinu Danda
- Hypnotic view of the sunrise and Annapurna massif range from Poon Hill

- Exploring the dense forest rich in floras and faunas
- Walkthrough remote villages in Himalaya like Chhomrong and Bamboo
- Experience of the traditional values and culture of different ethnic groups in the Himalaya

Best time for Annapurna Base Camp via Poon Hill Trekking

For a beauty like Annapurna Base Camp via Poon Hill Trekking, any day is an ideal day. You can travel the region any month of the year or any day of the month and still feel riveting.

There is no diminution in visiting monasteries, roaming around the villages or interacting with locals in any month. The only thing you'll perhaps find unusual in the region amidst the changing season is the scenery.

Hence, you probably want to give a second thought before deciding to visit the place during monsoon or winter. As a prime trekking season, spring indeed has a splendid view with green foliage all around.

Trees and flowers are too in full bloom during the season which makes the entire valley dazzle. Weather at Annapurna Base Camp in spring is warm with sun bestowing its smile from the very early morning.

After **spring it's autumn** that equally counts as the ideal time to travel to [Annapurna Base Camp](#). The season starts from mid-September in Nepal and lasts until three months before fleeing the valley.

Roasted by summer's scorching heat, dry leaves start to fall off the trees in Autumn. By the end of the month, the region seems all prepared to welcome the winter as it begins to get cold.

The days are still much better than the nights when the temperature instantly ranges from **12-21 Degree Celsius**. Although not so magical like autumn, winter also sees a sprinkling number of trekkers travelling ABC.

That's perhaps because the views are astonishing in winter even though it's cold outside. Even the minimum temperature in the month is **-20 Degree Celsius** which results in chilly mornings and nights.

Similar Trips you may like: [Ghorepani Poonhill short trek](#) | [Ghorepani- Poon Hill Trekking](#) | [Annapurna Base Camp Trekking](#)

Itinerary Details

Day 01 : Arrival at Kathmandu (1350m).

As per the trip planned, today you'll arrive at Kathmandu Valley. Just not to have you waiting, our officials will be there at the airport almost half an hour before the flight lands.

I am sure they'll have no hard time finding you have arrived early. Reflecting the Nepalese culture, they'll greet you in a traditional style.

From there you'll be driven to your respective hotel where you can rest as long as you want. For the dinner lunch and any other facilities, you can have the hotel staff in your service.

Since it's your first day in the city, we won't trouble you a lot except having a short briefing. In the night, you can take a tour of the city or have dinner in any of your favourite restaurants.

Day 02 : Fly/Drive to Pokhara.

Flight Distance: 200.9 km

Flight Duration: 30 minutes

Maximum Altitude: 1400 meters

Technically, it's the first day of your Annapurna Base Camp via Poon Hill trekking. This might want you to get all the stuff in your backpack and frankly it's the right thing to do.

After breakfast at the hotel, you'll board on the flight to Pokhara. It lasts no longer than 30 minutes but even in such a short time, you have a picture of the entire Himalayas spinning around.

While at Pokhara, you can go sightseeing at Mesmeric Phewa lake and visit Tal Barahi Temple. You don't have all day to yourself to travel all through the city so make it quick. Return to the hotel on time and have dinner before calling it a day.

Day 03 : Drive to Nayapul, trek to Tikhedunga (1570 m).

Drive Distance: 40.8 km

Trek Distance: 13 km

Drive Duration: 1 hour 30 minutes

Trek Duration: 3 hours

Maximum Altitude: 1570 meters

It's only third for the Annapurna Base Camp via Poon Hill trekking and things are already starting to get exciting. After a relaxing night at Pokhara, you're about to head to Nayapul today covering a distance of **40.8 km**.

It takes nearly 1 hour 30 minutes to reach Nayapul driving alongside Modi River. But the sigh of relief is that you have a scenic view of lofty mountains and gushing rivers with colourful valleys to relish.

Not too long after the wonderful ride, you'll start trekking to Tirkhe Dhunga. The ultimate distance of the hike is 13 km so you're to have a busy time walking.

On your way to the village, you'll get a taste of Nepalese culture in the form of terrace farming. It's quite a sight with green pasture, lovely waterfalls, and locals putting mules and donkeys into service.

Arrangements are made at a local lodge in Tirkhe Dhunga so you'll have a peaceful night for the first day of the hike.

Day 04 : Trek to Ghorepani (2840m).

Trek Distance: 13 km

Trek Duration: 6-7 hours

Maximum Altitude: 3210 meters

It's your first morning at Tirkhe Dhunga and sadly you haven't even enough time to travel through the village. The trek to Ghorepani can take almost 7 hours before coming to an end.

Hence, you must start trekking right after having breakfast. Morning hours start with you ascending a steep hill then a long staircase to Ulleri.

Throughout the trek, you can witness old-style remote villages with slated roofs. The further you walk, the more you get inside the dense forest full of pine trees and rhododendron.

Few miles to walk from here and you'll reach **Ghorepani Village**. Above the village are hills with thick forest and rhododendrons in spring.

The village mostly has a settlement of Poon people of Magar. For the night, you'll stay at a guest house in Ghorepani and continue hiking the following day.

Day 05 : Hike up to Poon Hill sunrise (3210m) and trek to Tadapani (2610 m).

Trek Distance: 6.5 km

Trek Duration: 5-6 hours

Maximum Altitude: 2640 meters

The perfect view of sunrise from Poon Hill can be only spotted very early in the morning. So, you need to wake up before dawn as well as trek almost 1 hour to arrive at Poon Hill.

Lying at an elevation of **3210 meters**, Poon Hill has the most beautiful view of the sunrise. The hill station can offer you the sight of as many as 12 snow peaks including Machhapuchhre and Dhampus.

After the fascinating vista of Annapurna, you'll retrace the steps back to Ghorepani. Take breakfast and join the trail that goes uphill with plenty of stairs to climb before descending.

Next, you get through a forest where if lucky, can spot different species of flora and fauna. At Tadapani, you'll rest the night at a guest house where the keeper is quite affable.

Day 06 : Trek to Chhomrong (2170m): 5 - 6 hours

Trek Distance: 7.6 km

Trek Duration: 5-6 hours

Maximum Altitude: 1951 meters

Finally, it's the sixth day of Annapurna Base Camp via Poon Hill trekking. Nevertheless, you still have more than half a trek to accomplish so again start trekking from as early as you can.

For the hike to Chhomrong, you've relatively easy trails to walk as it descends the hill. As you climb down the slope, there are ample villages to explore including **Chuile and Ghurjung**.

The landscapes on the hillside with a heart-warming view of the mountain will keep energizing you. After almost **6 hours** of trekking, you'll eventually put up with the village in Chhomrong.

Since there is no point walking any further, you'll spend the night at a guest house in Chhomrong.

Day 07 : Trek to Bamboo (2310m): 4 - 5 hours

Trek Distance: 9 km

Trek Duration: 6 hours

Maximum Altitude: 2310 meters

There simply is no trek route as soothing as the one leading to Bamboo. On that account, you're going to have a great time walking the trail out of Chhomrong.

From the minute you took the path, it scrambles downhill through stone stairs. The trail is followed by a swinging suspension bridge over Chhomrong Khola.

On the other side of the bridge is a straight uphill climb to Sinuwa Danda. From here, you surmount a lush green forest heading to Kuldihar and walk downhill before arriving at Bamboo.

Overnight stay at a guest house in the village and keep on with the hike the next day.

Day 08 : Trek to Deurali (3230m): 3 - 4 hours

Trek Distance: 7.8 km

Trek Duration: 3-4 hours

Maximum Altitude: 3230 meters

After Chhomrong, it's time to start our trek to beautiful Deurali. But before leading the way, you have your breakfast and pack all the stuff.

Coming out of the village, you pass via bamboo forest which is moist and dampened. The trail then walks a narrow hill and ascends up to Himalaya Hotel.

It's from here the trail widens and also provides an astounding view of the sunrise and gleaming snow peaks. The route further has you climbing a dense forest but this it's drier to arrive at Hinku Cave.

From here, you go down the hill to the river before ascending the ridge to Deurali. Stay the night at a lodge in the village.

Day 09 : Trek to Annapurna Base Camp (4130m) via Machhapuchhre Base Camp (3700m): 5- 6 hours

Trek Distance: 8 km

Trek Duration: 6 hours

Maximum Altitude: 4130 meters

It surely is your day today as we finally head to Annapurna Base Camp from Deurali. Reading the trail, don't make haste move instead take a gentle step through a riverbank

Next, it's a strenuous uphill walk to **Machhapuchhre Base Camp**. Since the trail is quite long, you may have a tiring day but that's nothing in front of the view of Annapurna.

From the campsite, you get an alluring view of a wide range of snow peaks like Annapurna I and Mt. Hiunchuli. Also, not to forget the picturesque view of surreal landscapes and glacial lakes that the base camp has to provide the visitors.

Day 10 : Trek to Bamboo: 7 – 8 hours

Trek Distance: 18 km

Trek Duration: 7 hours

Maximum Altitude: 1700 meters

From Annapurna, you go back walking the same trail to Bamboo. But this time, you'll have an easy walk coming downhill compared to what previous was.

As usual, today also you have a company of dynamic landscapes and mountains to cherish. Beyond that, you too have a whole valley filled with trees and flowers to enjoy.

Upon reaching Bamboo, you can explore the village and even communicate with the native people. Overnight at a lodge in Bamboo.

Day 11 : Trek down to Jhinu Danda (1760m): 5 - 6 hours

Trek Distance: 8.5 km

Trek Duration: 5-6 hours

Maximum Altitude: 1760 meters

The trek is going to be a lot easier today with the sloppy hills to descend except for the first few hours. Starting from the early morning you ascend uphill to Kuldihar.

The trail then descends until **Chhomorng Khola** and climbs the stone stairs up to the village. From here, you start walking downhill to Jhinu Danda and book a room in the hotel.

Almost **20 minutes** away from the hotel, you have a hot spring bath to enjoy. Upon returning, you'll have dinner in the hotel and call it a day.

Day 12 : Trek to Naya Pul and drive to Pokhara: 6 hours trek, 1 hour drive

Drive Distance: 39.7 km

Trek Distance: 13 km

Drive Duration: 1 hour 30 minutes

Trek Duration: 4-5 hours

Maximum Altitude: 3445 meters

On the 12th day of Annapurna Base Camp via Poon Hill trekking, you walk approx. 5 hours to reach Nayapul. To begin with, the trail passes through a beautiful forest with bamboo trees and rhododendron.

The route then descends the steep hill and down to the river following a narrow walkway. After arriving at Nayapul, you have a jeep arranged that'll drive you up to Pokhara.

With no more walking the steep stairway, the trip is going to be quite pleasing. You also have beautiful scenery with green terrains to enjoy throughout the drive. Overnight in Pokhara.

Day 13 : Fly/Drive back to Kathmandu.

Flight Distance: 146 km

Flight Duration: 30 minutes

Maximum Altitude: 1400 meters

Unfortunately, it's the second last day of trekking Annapurna Base Camp via Poon Hill. But still, you're going to have a wonderful time sightseeing magnificent Pokhara City.

Early morning, you'll have breakfast and short trip to the nearby Rara lake. Then it's a straight drive to Pokhara airport as you have a flight to catch.

It takes almost 30 minutes from Pokhara to reach Kathmandu. But even in such a short time, you'll be able to recollect all the memories and also the panoramic view of Annapurna.

As soon your flight takes down at Tribhuvan International Airport, our officials will drive you to your hotel. It would be best if you call it for a day then as you may have been exhausted.

Day 14 : Final Departure.

It's the last day of your Annapurna Base Camp via Poon Hill trek and as well as in Kathmandu city. So, if you wish, you can shop at local stores and malls for the souvenir or visit your favourite restaurant.

But if your flight is scheduled early in the morning then you can't take a trip to the city. Our representative will pick you from the hotel and drive till the airport to see off. For your convenience, they'll assist you up until you board the flight.